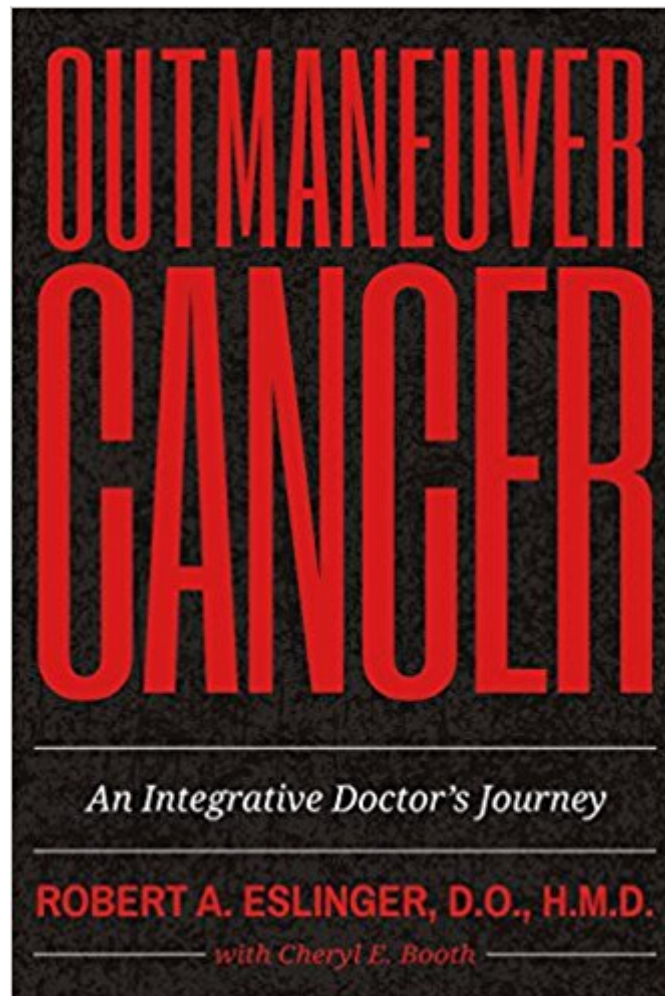




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Outmaneuver Cancer: An Integrative Doctor's Journey



Synopsis

"Outmaneuver Cancer" offers fascinating insights into the field of integrative cancer treatment from the viewpoint of a practicing physician in the field, Dr. Robert A. Eslinger. He is certified in Family Practice, Osteopathic Manipulation, and a Fellow of the AAIM – American Association of Integrative Medicine. Heâ™s also a Founding Member of the IOICP – International Organization of Integrative Cancer Physicians. He specializes in cancer and chronic disease, and is referred to as an integrative cancer doctor. He is currently licensed to practice medicine in California, Idaho and Nevada, and is the owner and Medical Director of Reno Integrative Medical Center (RIMC) in Reno, Nevada. His present focus is on a specialty in the field known as Biological Medicine, which combines classical treatments with modern science and technology. This book contains descriptions of cutting-edge integrative therapies, the benefits of a Ketogenic Diet, and a wealth of helpful information and resources for patients as well as caregivers. A three-week long Boot Camp is offered at Dr. Eslinger's Medical Center where patients receive integrative treatment, and education on how to proactively maintain a healthier lifestyle. These concepts along with a detailed explanation of the various therapies are contained in "Outmaneuver Cancer." No matter where in the world you live, much can be learned by reading this wonderful book. Frankly refreshing, Dr. Bob successfully endeavors to set the record straight about the many benefits of integrative cancer treatment. If you're willing to believe that no type or stage of cancer is hopeless, no matter what other medical practitioners may have told you, read this book. It will instill a new sense of optimism while offering sound, scientific evidence that integrative cancer treatment works!

Book Information

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Customer Reviews

"Outmaneuver Cancer" contains a wealth of vital information for cancer patients, their family, friends and caregiver(s). Dr. Eslinger's thorough approach to explaining integrative cancer treatment/therapies is refreshing and uplifting. He maintains, "My intention in writing this book is to reach the many rather than the few, doing all I can to promote the dissemination of knowledge based upon my almost 40 years of experience as a physician, primarily focusing on the business of what I believe are the most effective ways currently available to kill cancer and heal the person." Dr. Eslinger is certified in Family Practice, Osteopathic Manipulation, a Fellow of the AAIM – American Association of Integrative Medicine. Heâ™s also a Founding Member of the IOICP – International Organization of Integrative Cancer Physicians. He specializes in cancer and chronic disease, and is referred to as an integrative cancer doctor. He is currently licensed to practice medicine in California, Idaho and Nevada. His present focus is on a specialty in the field known as Biological Medicine, which combines classical treatments with modern science and technology. He is the owner and Medical Director of Reno Integrative Medical Center (RIMC) in Reno, NV.

I have read this book in electronic format before it was available in print. I found it a very practical book and written from the experience of a hands on doctor! Dr. Eslinger shares the experience in his clinic, the book can serve as a guide to what a patient will experience in the clinic in Reno, but also the book can serve as a validation/rejection of many myths that circulate in the world of alternative treatments for cancer. I recommend it over other references written by compiling books and articles but without practical experience.

This book is SO important. I need to order another because I've given 2 copies to a friend and family member who have cancer. Dr. Eslinger is the real deal.

Dr. Bob has written a great book that is easily understood by nonmedical people like me who have had cancer.

After a family history of over 20 years of cancer ...you can only imagine my library of books on Cancer by now, but this book I would have to rate at the top. I started reading it and couldn't put it

down...I finished reading it in two days! It was easy reading as you feel like Dr. Eslinger is talking directly to you....He answers questions we have all had... shows why our diets play such an important role in fighting Cancer...all very easy to understand and recognize the logical relevance to Cancer.. A final note, I would be remiss to not mention the small section on "caregivers" as I wish I would have had that information when I was in that position...im convinced it would have made a difference in health issues I have had to deal with for many years because of not taking care of myself. This is definitely a five star book!!!!

I found the book "Outmaneuver Cancer" displayed a writing style that was refreshingly easy to understand as compared to some other medical books I've read. The use of layman's terminology coupled with Dr Eslinger's approachable style helped emphasize the successful combination of some western medicine cancer therapies along with his integrative treatments and protocols. With regard to all the dangers of processed foods, avoiding those and deferring to the doctor's dietary advice was interesting and helpful. The instructional yet matter-of-fact depiction of how widespread the consumption of unhealthy food has permeated most Westerner's daily meals made me more aware of the importance of eating healthily, whether someone is dealing with cancer or not. The balance between an alkaline and acidic diet was clearly explained as was the Ketogenic diet and it's benefits. Even though this book is relatively short compared to many other cancer books, it is packed full of great references and factual backup. Overall a very informative read, and extremely upbeat, it offers a lot of hope to cancer patients and their families.

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